



# Real Van Holten's Pickle Brine packaged in portable 2 oz pops.

Enhanced with electrolytes Pickle-Ice aids in keeping your body hydrated, balanced, and performing at peak levels. Essential minerals like sodium, potassium, calcium and magnesium can be lost during intense workouts leading to muscle cramps and dehydration. Pickle-Ice helps replace these minerals and promotes a balanced body.

## **ELECTROLYTES IN PICKLE-ICE**

- Sodium Maintains fluid balance
- Potassium Prevents cramping
- Calcium Regulates muscle contractions & heart rhythm
- Magnesium Relaxes muscles

### WHY ELECTROLYTE ENHANCED?

- Helps prevent and alleviate muscle cramps
- Replenishes important minerals in your body
- Supports quick rehydration
- Regulates fluid balance in your body

#### PRODUCT COMPARISON

Pickle-Ice Serving Size: 2oz

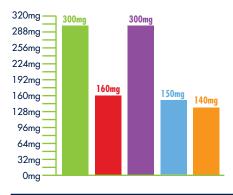
Gatorade Thirst Quencher
Serving Size: 12oz

Gatorade Endurance
Serving Size: 12oz

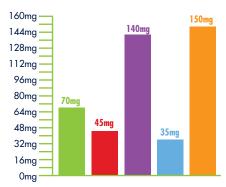
Powerade Serving Size: 12oz

All-Sport Serving Size: 20oz

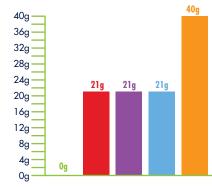
## SODIUM PER SERVING



## POTASSIUM PER SERVING



## SUGAR PER SERVING















REFRESH REHYDRATE
WITH PICKLE-ICE

